



Dear Parents/Carers and Children,



Under the best of blue skies we gave thanks this week for all things harvest, for farmers and tasty food - prayed for the hungry, for refugees and those in need – and, thanks to your generosity, sent a van full of essential food and toiletries off to the foodbank. We counted over 150 parents, carers and visitors so thank you to all who were able to join us. Your children, as ever, were wonderful whether in their singing, their art work, their reading, presenting or praying.



Live Fully, Laugh Often, Learn Deeply,  
Love as God Loves You and Let Your Light Shine

It seems remarkable that we are back to **'normal school'** in such a short time, and how settled your children are in their learning, playing and clubs. As I often do, I wandered around the school after the service to find **Year 1s** busy doing Phonics, **FS** children scooting around and playing with little world characters, **Year 3** calm as ever, Year 4s preparing for their class assembly, and **Year 6** doing Maths in the playground and MUGA....



Sat



### Toy Cars

FS are in need of metal toy cars please, if anyone has any that they can donate? Thank you.





### Choose soap bars...

Did you you know that, as well as being more toxic, liquid soap requires five times more energy to produce and nearly 20 times more energy to package, and, we use about seven times more liquid soap than bar soap for each hand wash.



Here's some of the wonderful **Artwork** in **Year 2** up-close.



**Sleep!** Mr Evans led an assembly about the importance of sleep to KS2 this week. 1/3 of Year 6 children nationally are getting only 4-7 hours of useful sleep each night, and are prevented from getting good quality sleep by (guess what!?) their mobile phones, or TVs in their bedroom, or reading late. The scientists tell us that screen time should stop an hour before sleep time, and that primary aged children should be getting at least 9-10 hours of sleep a night. Tired children struggle to be successful (and nice!). Quite like us grown-ups, really....



These children all sleep in different positions, among them the starfish, the foetus, the soldier, the sky-diver, the star fish, the log – and (I'm not sure how scientific this was) they have different characteristics as a result – or their characteristics lead them to sleep in different positions.



If your children are interested in nature, it's Fat Bear Week in Alaska next week, and they can join in and vote for their favourite bears which are feeding themselves up ready for hibernation.

<https://explore.org/fat-bear-week>

Congratulations to **Harrison Mercer** and **Ronnie Fennings-Mills** who have been selected for this season's U11 Chelmsford and Mid-Essex schools district football squad - from nearly 100 other boys.

### **An Incredible Moment for Joseph and Luca....**

James Palmer, the paralympian who won a bronze medal (GB basketball) at this year's Tokyo games, arrived 'home' in Boreham recently and came to the village green to share his successes and show his medal. What an amazing and humble young man to have in our little village. He willingly offered us the opportunity to hold his medal and chat with him about his incredible Olympic success. It was wonderful to meet him before he headed back to training in Germany.



### **World Champions at The Bishops!!**

In August, Oscar (6A), Alice (3B) and Freya (3M) were selected to compete for Team England at the Dance World Cup! Here's where they placed:

**Oscar** - Junior Ballet Troupe - 4th in the WORLD!

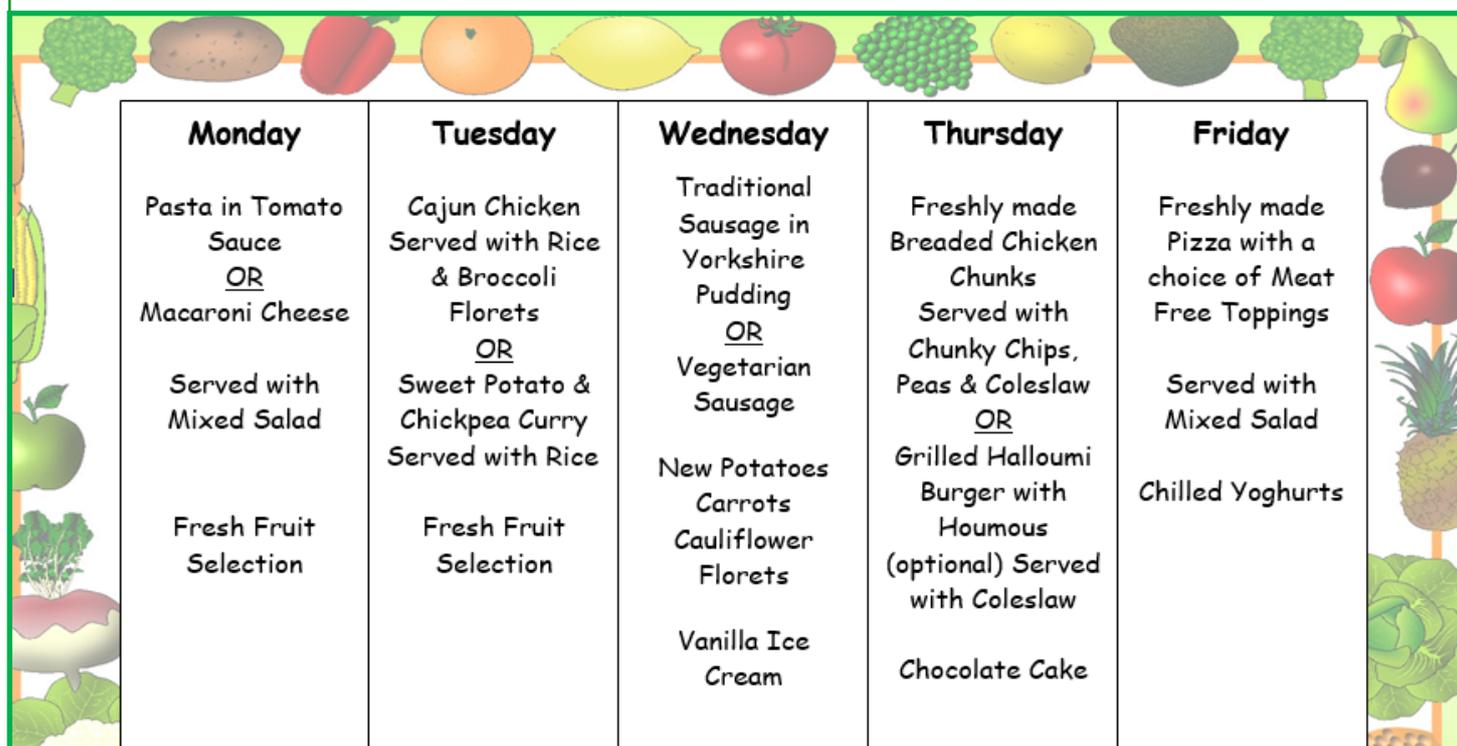
**Alice** - Mini Ballet Troupe - SILVER!!

**Alice and Freya** - Mini Small Commercial Troupe - SILVER!!

**Alice and Freya** - Mini Large Commercial Troupe - GOLD!!! WORLD CHAMPIONS!!

They not only did themselves proud, but enjoyed an incredible experience representing their Country at the World Cup!!

## Lunchtime Menu: Week Beginning Monday 27<sup>th</sup> September 2021



Monday	Tuesday	Wednesday	Thursday	Friday
Pasta in Tomato Sauce <u>OR</u> Macaroni Cheese	Cajun Chicken Served with Rice & Broccoli Florets <u>OR</u> Sweet Potato & Chickpea Curry Served with Rice	Traditional Sausage in Yorkshire Pudding <u>OR</u> Vegetarian Sausage	Freshly made Breaded Chicken Chunks Served with Chunky Chips, Peas & Coleslaw <u>OR</u> Grilled Halloumi Burger with Houmous (optional) Served with Coleslaw	Freshly made Pizza with a choice of Meat Free Toppings
Served with Mixed Salad	Served with Rice	New Potatoes Carrots Cauliflower Florets	Chilled Yoghurts	Served with Mixed Salad
Fresh Fruit Selection	Fresh Fruit Selection	Vanilla Ice Cream	Chocolate Cake	

### Important Notices:

**Medical Information** – please ensure we have up-to-date reports and information about any medical or other conditions/ diagnoses that your children have – and in-date medication if we store it at school.

**Emailing Teachers** – we all want to be available, but not too available, and teachers, like you, need to have times of rest in the evenings and over the weekend if possible – so please keep it to essential messages, otherwise a note in their book bags – thank you!

Also, **ALL notifications of children's absences** should be sent to the office, **not** to the teachers – thank you!

**Cake Sales** - are starting up again! The first is next week, organised by some bird-loving pupils in Year 4. As we are unable to guarantee the allergy conditions of home-cooked food, if your child has an allergy, please, if possible, provide them with something special on these days. Please, if you are one of the amazingly kind parents preparing cakes for cake sales, please do everything you can to ensure they are nut-free, and that you have the list of ingredients on hand in case we need it, thank you.

**Ear-rings**—should be removed for PE please, it is not permitted to simply tape over them. If your child has ear-rings and is unable to remove/replace them themselves, then these should be removed at home in the morning before school. Please avoid having ears pierced in term time, your child will be unable to participate in PE, if their ear-rings cannot be removed, thank you.

**Little Fingers Closing Time**—children who attend Little Fingers after school should be collected by 5.45pm at the latest, thank you.

**Unwell Children** - if your child is unwell, please don't send them in, thank you.

## The Bishops' PTA

We hope everyone has settled back into school, now we are back planning is underway for events for this year.

Do you have any fundraising ideas? Would you like to hear some of the ideas? Why not pop along to our AGM on Tuesday at 7pm, we will be sharing a review of last year and preparing for this coming year.

Please RSVP if you can attend to

[thebishopspta@gmail.com](mailto:thebishopspta@gmail.com)

Many thanks, The PTA team

Find us @BishopsPta,  
Or The Bishops' School PTA on Facebook

If you're claiming benefits, you may be entitled to free school meals, please see our website for further details.

To apply and obtain an eligibility certificate, please visit:

<https://pps.lgfl.org.uk/>

## Best Attendance

### Last Week

Class — 1YD—100%

Class— 5E—99.1%

Well Done!

## Lost Property

If your child has lost an item, please ask them to look for it in school and please check the purple tubs in the playground. Please note that named items will usually find their way back to their owners.

This week, please checkout the community page on our website ('News/General News') for:

***Secondary School Open Event Info***

## The Bishops' School

Telephone: 01245 460107

Email: [admin@bishops.essex.sch.uk](mailto:admin@bishops.essex.sch.uk)



## Looking Ahead



**Monday 27<sup>th</sup> September—**

11+ Assessment Session for Year 5 (register via the office)

**Tuesday 28<sup>th</sup> September—** Church Service for Group 2 led by 5B, in School Hall, 9.20am, 5B parents welcome, and via Zoom; PTA AGM in the Courtyard, 7 for 7.30pm

**Wednesday 29<sup>th</sup> September—**FS Dressing Up Day;

Year 5/6 Boys' Football Tournament at GBHS, 1-3pm (selected children)

**Friday 1<sup>st</sup> October—** Cake Sale for the whole school in aid of Birdlife Intl, break time— cakes priced at 25p to £1

**Monday 4<sup>th</sup> October—**6FT's residential trip to Thorpe Woodlands, 8am

**Wednesday 6<sup>th</sup> October—**6A's residential trip to Thorpe Woodlands, 8am;  
6FT return from Thorpe Woodlands, 5.15pm

**Friday 8<sup>th</sup> October—**6A return from Thorpe Woodlands, 5.15pm

**Tues 12<sup>th</sup> and Weds 13<sup>th</sup> October—**Book Fair (details to follow)

**Friday 22<sup>nd</sup> October—**Non-pupil day; Parent Consultations

**Monday 25<sup>th</sup> October to Friday 29<sup>th</sup> October—** Half term break

**Thursday 25<sup>th</sup> November—**Flu Immunisations