

Ten:Ten - Key Vocabulary

Summer 2

KS1 (Year 1 and Year 2)

Me, My Body, My Health	I am Unique (Me) (KS1_1.2.1 or Session ID: KS1-002)	unique	special	similarities	differences	individual	gifts	talents	skills
	Girls and Boys (My Body) (KS1_1.2.2 or Session ID: KS1-003)	similarities	differences	gender stereotypes	equal	value	worth	favourite	interests
	Key Decision #1	personality	physical appearance	shoulders	legs	arms	ears	head	
		genitalia	scientific	penis	testicles	vulva	vagina	urethra	private
Clean and Healthy (My Health) (KS1_1.2.3 and KS1_1.2.4 or Session ID: KS1-004 and KS1-005)	care	special	good	super	balanced diet	clean	wash	brush	sleep
			teeth	hair	body	hygiene	healthy		

Lower KS2 (Year 3 and Year 4)

What is Puberty? and Changing Bodies are taught in Year 4 only

Me, My Body, My Health	We Don't Have To Be The Same (LKS2_1.2.1 or Session ID: LKS2-003)	similarities differences unique skills talents confident self-confidence changeable teamwork community beloved Child of God
	Respecting Our Bodies (LKS2_1.2.2 or Session ID: LKS2-004)	body gift dis/respect special safe healthy in/appropriate balanced diet exercise sensible God Holy Spirit choice responsibility
	What Is Puberty? (LKS2_1.2.3 or Session ID: LKS2-005) Key Decision #2 (Yr 4+)	puberty childhood adulthood milestone timeline physical growth development body changes emotions gradual past future Child of God
Changing Bodies (LKS2_1.2.4 or Session ID: LKS2-006) Key Decision #2 (Yr 4+)	puberty childhood adulthood private parts genitalia penis testicles scrotum vulva vagina breasts hips pubic hair muscles spots sweat hormones mood swings periods blood	

Upper KS2 (Year 5 and Year 6)

Me, My Body, My Health	Gifts and Talents (UKS2_1.2.1 or Session ID: UKS2-002)	similarities differences gifts talents unique loved child of God accept self-confidence value show off compare community faults weaknesses
	Girls' Bodies (UKS2_1.2.2 or Session ID: UKS2-003)	body hair growth spurt puberty breasts buds nipples hips widen waist narrows perspiration oily skin genitals vagina uterus menstruation development self-conscious embarrassed changing natural respect boundaries private
	Boys' Bodies (UKS2_1.2.3 or Session ID: UKS2-004)	body hair growth spurt puberty shoulders widen perspiration oily skin voice breaking genitals penis erections ejaculation semen urethra nocturnal emissions wet dreams hormones development self-conscious natural respect boundaries private
	Spots and Sleep (UKS2_1.2.4 or Session ID: UKS2-005)	embarrassed self-conscious spots sleep exercise personal hygiene screen time gaming addictive protein shake balanced diet choice impact health sun exposure dental hygiene

Life Cycles	Making Babies - Part 1 (UKS2_1.4.1 or Session ID: UKS2-010)	pregnant parents baby conception sperm egg Fallopian Tube womb uterus implantation placenta umbilical cord embryo fetus vagina birth organ development belly button
	Making Babies - Part 2 (UKS2_1.4.2 or Session ID: UKS2-011) Key Decision #5	marriage husband wife God commitment love sex sexual intercourse parents vagina penis sperm erection ejaculation egg conception Fallopian Tube womb uterus Implantation placenta umbilical cord embryo fetus
	Menstruation (UKS2_1.4.3 or Session ID: UKS2-012)	period menstruation sanitary towel sanitary products period hygiene blood cramps premenstrual syndrome (PMS) moodiness bloating spots the menstrual cycle ovaries egg womb lining tissue implantation sperm vagina fertilisation marriage calling