

**Updated Menu****Starting WC 20<sup>th</sup> Nov****On Week 3**

	<b>Week 1</b>	<b>Week 2</b>	<b>Week 3</b>
<b>Monday</b>	Toasted Teacakes	Bagels with Soft Cheese and Chicken, Ham Slices	Beans/Spaghetti on Toast with Cheese
<b>Tuesday</b>	Chicken Nuggets or Vegetable Nuggets	Sausage in a Baguette with Tomato Sauce, BBQ or Mayonnaise	Sausage Rolls or Vegetable Nuggets
<b>Wednesday</b>	Pasta with Grated Cheese or Tuna Mayo	Pancakes with Maple Syrup and Blueberries	Flatbread with Cheese, Chicken Slices and Houmous/Salsa/ Guacamole
<b>Thursday</b>	Sausage Rolls or Vegetable Nuggets	Chicken Nuggets or Vegetable Nuggets	Sausage in a Baguette with Tomato Sauce or Mayonnaise
<b>Friday</b>	Muffins with Ham/Chicken and Cheese Spread	Sandwiches with Chicken/Beef or Cheese	Wraps with Tuna Mayo/Ham/Cheese

Each day we also offer crackers, crudities and fruit.

**Menu subject to change – if there are supply issues.**