



May 2026

COMMUNITY NEWS

KAYAK

JUNIOR COME AND TRY IT SESSION



16TH MAY

START: 1PM


EMPIRE WALK,
CHELMSFORD


-  First session is £22, which includes the joining fee.
-  We'll need a parent consent form signed before taking part.
-  If you decide to continue, a family membership costs £80, with sessions then priced at £5 each.
-  All equipment is provided — you'll just need a change of clothes, and something you don't mind getting wet in for paddling.
-  Regular sessions will take place on Saturday mornings at 10.30am



You need to be over 10 years old and be able to swim 25 meters.

Please use the email below to book a space.

 www.chelmsfordcanoeclub.co.uk

 email : info@chelmsfordcanoeclub.co.uk

Growing Voices

Speech & Language Therapy



Helping Communication blossom

I'm Sandra, a Specialist Speech & Language Therapist supporting children aged 2-18 with speech, language and communication

Support for:

- ✓ Speech sound difficulties
- ✓ Language delays
- ✓ Developmental Language Delay
- ✓ Selective Mutism



Get in touch for a **free telephone consultation** to discuss how I can help

Get in Touch:

✉ sandragrewal.speechtherapy@gmail.com

🌐 <https://growingvoiceschelmsford.co.uk>

📷 @growingvoiceschelmsford



The ACL logo is a white, bold, sans-serif font on a dark blue background.

Community & Family Learning Courses



COURSE TITLE	VENUE	START DATE	START TIME	END TIME
FL GROWING INDEPENDENCE	ONLINE LIVE	01/05/2026 (1 WEEK)	09:30	11:30
FL UNDERSTANDING ANXIETY IN CHILDREN	ONLINE LIVE	05/05/2026 (3 WEEKS)	19:00	21:00
FL GETTING AN ADHD/ASD DIAGNOSIS AS ADULT	ONLINE LIVE	06/05/2026 (2 WEEKS)	18:00	20:00
FL MANAGING ANGER IN CHILDREN	ONLINE LIVE	06/05/2026 (2 WEEKS)	10:00	12:00
FL UNDERSTAND ANXIETY FOR YOUR SEND CHILD	ONLINE LIVE	07/05/2026 (2 WEEKS)	19:00	21:00
FL MANAGING ANGER IN CHILDREN	ONLINE LIVE	07/05/2026 (2 WEEKS)	19:00	21:00

If you would like to enrol on to a FREE course please Visit our website acessex.com and type the course title in the 'Find a course...' box

acessex.com

0345 603 7635



Essex County Council

The logo for ACLESSEX, consisting of the letters 'ACLESSEX' in a bold, white, sans-serif font on a dark blue background.

Community & Family Learning Courses



COURSE TITLE	VENUE	START DATE	START TIME	END TIME
FL MANAGING ANGER IN YOUNG PEOPLE	ONLINE LIVE	08/05/2026 (2 WEEKS)	13:00	15:00
FL RAISING GIRLS	ONLINE LIVE	11/05/2026 (2 WEEKS)	09:30	11:30
FL UNDERSTANDING AUTISM AND ADHD	ONLINE LIVE	14/05/2026 (2 WEEKS)	09:45	11:45
FL UNDERSTANDING ANXIETY	ONLINE LIVE	14/05/2026 (2 WEEKS)	09:00	11:00
FL MANAGING ANGER IN YOUNG PEOPLE	ONLINE LIVE	21/05/2026 (1 WEEK)	19:00	21:00
FL FUSSY EATERS	ONLINE LIVE	21/05/2026 (1 WEEK)	13:00	15:00
FL ZONES OF REGULATION	ONLINE LIVE	21/05/2026 (1 WEEK)	09:30	11:30

If you would like to enrol on to a FREE course please Visit our website [aclessex.com](https://www.aclessex.com) and type the course title in the 'Find a course...' box

aclessex.com
0345 603 7635





ESSEX SYMPHONY ORCHESTRA

Free Young People's Orchestral Workshop Sunday 10th May 2026 at St John Payne School, Chelmsford

Essex Symphony Orchestra is delighted, once again, to invite young musicians to join them for a morning to enjoy orchestral playing alongside experienced players and under the guidance of professional conductor, Mr Robert Hodge (<https://www.robert-hodge.com/>)

The workshop is for pupils who learn an orchestral instrument in or out of school and who have passed Grade 1 to Grade 5. As last year, there will be just one session for everyone so that all players can enjoy the full orchestral sound created by the mix of beginner, intermediate and Grade 4/5 parts.

The workshop will be from 10.00 am - 1.00pm on Sunday 10th May 2026.

To comply with safeguarding guidelines, a parent or responsible adult will need to accompany their child to the workshop; in previous workshops, parents sat all around the edges of the hall and really enjoyed watching how the music came together.

If you would like your child to take part, please email:

Catherine Gunnett (member of Essex Symphony Orchestra) at bassoonplus@gmail.com with the following information:

- Child's Name
- School's Name
- Orchestral instrument (i.e. **NOT piano, keyboard, guitar, recorder or saxophone**). We do, however, have a few spaces for drummers who would like to play orchestral percussion.
- Grade attained
- Parent/carer phone number

You will then be given further details about the day, including the music that we will be playing so that you can choose the best ability level for your child and then they can practise it at home and with their instrumental tutor before the day of the workshop.

If you would like further information about the Essex Symphony Orchestra and to see pictures and a review of previous workshops, please visit our website, <https://www.essexsymphony.org.uk/outreach/>

Our annual workshops are very popular and there are limited places for each instrument, so please reply as soon as possible to secure your child's participation. We look forward to hearing from you!

Kind regards

Catherine Gunnett (bassoonist with Essex Symphony Orchestra)



CHILDREN'S

BASKETBALL SESSIONS



MINIS
3-5 YEARS

LITTLES
6-8 YEARS



BIGS
9-14 YEARS

**FREE TRIAL
SESSION**



WWW.YOUNGBALLERZBASKETBALL.CO.UK
INFO@YOUNGBALLERZBASKETBALL.CO.UK
[@YOUNGBALLERZBASKETBALL](https://www.instagram.com/YOUNGBALLERZBASKETBALL)



Chelmsford City FC
UNDER 10'S
COME AND JOIN

Are you a girl in year 4 or 5?

Our wonderful new squad is growing nicely, but we could do with a few more faces.

Could that be you?

No experience needed, just a willingness to learn and have FUN!

Email
Snr-secretary@chelmsfordcitywomenfc.co.uk

Has your child tried gymnastics?



Help your child to stay active, build confidence and learn new skills with **EA Gymnastics!**

We're inviting local primary school children to try a **gymnastics session** at our Chelmsford gym!

These exciting classes are suitable for Reception – Year 6 gymnasts and focus on **fun, movement and confidence**, led by experienced gymnastics coaches.

No experience needed! Our sessions are welcoming, supportive and designed for all abilities.

Our gymnasts develop:

- 💪 Strength & coordination
- 😊 Confidence & resilience
- 🤝 Listening & teamwork skills
- 🌟 Focus & perseverance
- ... and much more!

Ready to get involved?

Trial spaces are limited. Book your child's spot today!

SCAN ME



www.eagymnastics.co.uk
eagymnastics1 @eagymnastics_

 **Gymnastics**



PRIMARY EDUCATION



MULTISPORTS CAMP



📍 CRESSING PRIMARY SCHOOL, BRAINTREE

📍 ST PETER'S PRIMARY SCHOOL, HEDINGHAM

📍 MOULSHAM HIGH SCHOOL- CHELMSFORD

📍 GREAT DUNMOW LEISURE CENTRE



MAY
26TH - 29TH

8AM - 5PM

AGE
5-11

Activities

- ✓ Go Karting
- ✓ Inflatables
- ✓ Arts and Crafts
- ✓ Archery
- ✓ Lazer Tag
- ✓ And MUCH MORE.....

**SCAN
ME!**





Farleigh Hospice's

Open Gardens 2026



Visit some of the most beautiful private gardens
in mid Essex this summer.

Beaulieu and Channels – Saturday 23 May

Springfield – Sunday 7 June

Danbury and Little Baddow – Sunday 14 June

Little Waltham and Classic Car Show – Sunday 14 June

South Woodham Ferrers – Sunday 5 July

For more information visit:
farleighhospice.org/gardens



Pentecost Party

at
ST AUGUSTINE'S CHURCH,
CM1 6GX



**£1 per
person**



Wednesday 27th May
2-4pm

Come and celebrate our church's birthday with party games, crafts and worship, children will get snacks and plenty of refreshments and birthday cake for all

children **MUST** be accompanied by an adult
book tickets at infostaugustines@gmail.com
with any dietary requirements

ENCORE
PERFORMING ARTS

£20

KPOP SUPERSTARS WORKSHOP

ACT, SING AND DANCE ALONG
TO YOUR FAVOURITE K-POP HITS

ALL WELCOME
AGE 5-12

EXPERIENCED
DBS CHECKED
TEACHERS



SCAN HERE
TO BOOK



WEDNESDAY 27TH MAY
10AM-1PM

SPRINGFIELD PARISH CENTRE,
ST. AUGUSTINE'S WAY, SPRINGFIELD, CM1 6GX

FOR MORE INFORMATION PLEASE EMAIL INFO@ENCORECHELMSFORD.COM

GREAT BADDOW HIGH SCHOOL WEEKLY SWIMMING LESSONS



Why Every Child
Should Learn to Swim
This Summer 

**GREAT BADDOW SCHOOL
SWIMMING LESSONS**

- Great Baddow High School
SATURDAY Mornings between
9am - 10.30am
- SATURDAY afternoons between
12.45-2.45

Maximum of 4 children in a class,
teachers in the pool, which aids
progression, boost confidence,
and gives lots of individual
attention, 30 & 45 minute
lessons each week.

FEE'S FROM £27 PER MONTH
OVER 4 MONTHLY INSTALMENTS

12 WEEK TERM



Great Baddow High School

**12 WEEK SWIMMING COURSE ** INTRODUCTORY OFFER ** WE ONLY
CHARGE FROM £27 A MONTH OVER 4 MONTHLY INSTALMENTS
WE HAVE SWIMMING LESSON 30 & 40 MINUTES EVERY WEEK**

**SMALL CLASS SIZES MAX OF 4 CHILDREN AND YOU REALLY WILL NOTICE A BIG
DIFFERENCE IN CONFIDENCE AND ABILITY, AS LOTS OF INDIVIDUAL ATTENTION WITH
TEACHERS IN THE POOL UP TO THE LENGTH SWIMMERS**

WE TEACH AT GREAT BADDOW HIGH SCHOOL, CM2 9RZ

SATURDAY'S- BETWEEN 9-10.30AM

SATURDAY'S- BETWEEN 12.45-2.45PM

We also Teach & Help Children with Additional needs

Please email dandsswimschool@gmail.com
for more details



JOIN OUR EXCLUSIVE MAY HOLIDAY SWIMMING CRASH COURSE AT GREAT BADDOW HIGH SCHOOL (CM2 9RZ)

4 DAYS, TUESDAY 26TH - FRIDAY 29TH MAY

1:2:1 PRIVATE LESSONS TAILORED TO YOUR CHILD'S NEEDS, WHETHER THAT BE LEARNING TO SWIM, HOW TO DIVE OR IMPROVING YOUR TECHNIQUES WE ARE ABLE TO HELP WITH ALL

DESIGNED TO BUILD WATER CONFIDENCE, INCREASE STRENGTH AND DEVELOP SWIMMING SKILLS



FUN, ENGAGING SESSIONS FOR ALL AGES AND ABILITIES



SPACES ARE LIMITED - BOOK NOW!

4 x 30 MINUTE DAILY LESSONS WITH YOUR OWN TEACHER
£140 + VAT





JOIN OUR TEAM EVERY SCHOOL HOLIDAY FOR OUR ACTIVE CAMPS!

OFFERING YOUR CHILD A SAFE SPACE TO LEARN, SOCIALISE, STAY ACTIVE, FORM FRIENDSHIPS, DEVELOP INTERESTS AND BUILD CONFIDENCE.

Come and join our team every school holiday for lots of fun, sports and much more! PLUS exciting new activities & theme days we cant wait to share with you.

Book now visiting www.cmxsc.co.uk

@cmxscactive



Funded by



Everything you need to know!



Venue - Mildmay Primary School, Robin Way, Chelmsford CM2 8AU



**Time 9.00am - 3.30pm
Early Drop Off 8.30am - Late Pick Up 4.30pm**



Age - For all primary school aged children from Year R - Year 6



Activities - Nerf Fun, Laser Tag, Football, Basketball, Tag Rugby, Gymnastics, Cricket PLUS much more



**Price - Normal Day £29.50
Early Drop Off £3 - Late Pick Up £6**

Call or Whatsapp for more info:
07761 938 160



IN COLLABORATION WITH

AIRHOP



Department
for Education

AirHop Adventure & Trampoline Park Chelmsford
12 Richmond Road
Dukes Park Estate
Chelmsford
CM2 6UA

BOOK NOW!

Get With The Kids Vibe



www.getwiththekidsvibe.co.uk

with

**Bounce higher.
Laugh louder.
Burn energy.
Build confidence.**

GET WITH THE KIDS VIBE

**CHELMSFORD KIDS
CAMP JUST GOT
BIGGER**





The award-winning Swish has new classes in: **Columbus College, CM1 4JG**

Our classes in the Performing Arts run for Pre-School, School and College age children - from little stars to seasoned pros!

We believe that every child has the opportunity to reach their potential using the performing arts to develop life long skills and talents.

For over 30 years, Swish has been delivering carefully structured classes, captivating shows and locally tailored opportunities. Using only dedicated professionals, we are passionate about guiding children and young people along an exciting journey where they can fulfil their dreams.

We want every child at Swish not only to discover their brilliance but also to shine as brightly as a star in their own right.



Kelly Nicholas
Principal
Swish Chelmsford

Book your **2 WEEK TRIAL**

scan the code to see full class information or simply call us:
0330 122 5 122



Swish's reputation speaks for itself:

- ★ Owned and run by professional actors and drama school graduates
- ★ West End stars and household TV names in our Alumni
- ★ Annual productions
- ★ TV/Film & theatre credits such as Paddington, Matilda & Cbeebies
- ★ National Runner-up in Channel 5's 'Don't Stop Believing'

AS SEEN ON
itv 5

Swish
Chelmsford

☎ **0330 122 5 122**
🌐 chelmsford.swish.school



FOOTBALL
DEVELOPMENT

OPEN TRIALS

TRIALS IN:

PETERBOROUGH

CAMBRIDGESHIRE

HERTFORDSHIRE

SUFFOLK

SURREY

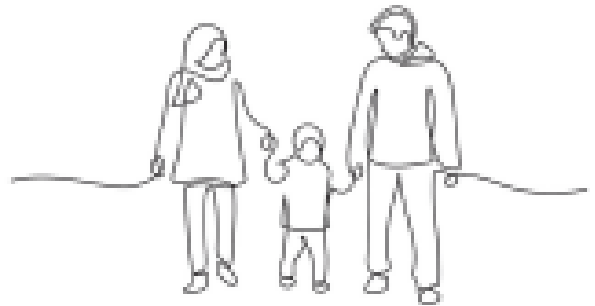


SCAN
HERE
TO
BOOK



Child and Family Counselling Services

Parents are now able to access direct support for their child by referring them into the safe hands of our Child and Family Counselling Services (CFCS). We have a team of highly experienced Counsellors, Specialist Child and Adolescent Counsellors and Play Therapists available within the counselling team who work in our specially adapted therapy rooms.



We offer support to children, young people and parents through talking, play and art therapy.

CFCS provides therapy to children, young people and families. We support many different issues such as:

- Self-harm
- Identity
- Anxiety
- Bullying
- Bereavement
- Parental separation and family issues or conflict.

The pathway is overseen by our Head of Child and Family Counselling Services, who is supported by a team that are both passionate about and dedicated to the wellbeing of children and young people. The team has achieved very positive and reparative outcomes for children and families.

What can you expect?

After an initial contact, we will arrange an assessment to explore the issues your child may be experiencing and will then identify which model best supports the difficulty your child may be facing.

Who do you contact?

If you are worried about your child and would like to talk to us further, please either email Catherine cmunns@bccs.org.uk or call on 07792 732206 and we will be pleased to help.

Take a moment to read about the experience a parent shared with us:

I had contacted a number of professional services to assist me in helping my daughter. At the suggestion of my daughter's school a referral was made to BCCS and it was then that I met one of their counsellors. After months of unanswered questions and "hitting brick walls" I finally had answers, structure and a profound understanding of how a small little girl's mind works.

For me, there has been nothing so worrying as watching your child struggle and the BCCS counsellor's help has enabled me to help her for which I will be forever grateful.



www.bccs.org.uk



headoffice@bccs.org.uk

BCCS, 133 High Street, Billericay, Essex, CM12 9AB
Brentwood Catholic Children's Society - Registered Charity Number: 1000661



BCCS
a children's charity for
Essex and East London